

Run at the Rock Trail Race

Make checks payable to: OFF'N RUNNING PRODUCTIONS
Mail to: OFF'N RUNNING 15 OWLS ROOST CT GREENSBORO, NC 27410

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Age on race day _____ Date of Birth _____ Gender: [] Male [] Female
Select one

Email _____ Phone _____

T-shirt Size [] Adult Small [] Adult Medium [] Adult Large [] Adult X-Large

[] \$35 - 7 Mile Run
Select Event

[] \$45 - 14 Mile Run

Signature (Parent if Under 18) _____ Date _____

RACE WAIVER: I know that participating in this event is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I assume all risks associated with participating in this race, including, but not limited to, falls, contact with other participants, the effects of the weather including high heat and humidity, ice on roads, traffic, and the conditions of the road, all such risks being known and appreciated by me. I will obey all traffic laws during the ride and yield to cars, cyclists and pedestrians. I understand that trail races contain many hazards including but not limited tripping, falling, slick surfaces, rocks, roots. I understand these risks and will not sue if I am injured. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless the OFF'N RUNNING, the City of Lillington, Raven Rock State Park, State of North Carolina, the race organizer, all sponsors, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race. I grant the race organizers my permission to use any images taken of me in further publicity or advertising.